



MON

TUES

WED

THURS

FRI

**WEEK
1**

Kabobs - Beef,
Chicken and Veggie
Rice
Roasted Veggies
Fresh Fruit Slices

Mac 'N' Cheese
Chicken Tenders
Veggie Sticks with
Dip
Homemade Cookies

MEX DAY
Tacos - Beef or
Chicken
Cheese Quesadilla
Veggies
Watermelon

PIZZA
Meatballs
Fries
Mixed Green Salad
Fruit Salad and
Homemade Cookies

BBQ FRIDAY
Hot Dogs, Burgers,
and Chicken Kabobs
Mixed Green Salad
Corn on the Cob
Watermelon

**WEEK
2**

Kabobs - Beef,
Chicken and Veggie
Rice
Roasted Veggies
Fresh Fruit Slices

Mac 'N' Cheese
Chicken Tenders
Veggie Sticks with
Dip
Homemade Cookies

CHINESE DAY
Choe Mein - Beef
or Chicken
Veggie Roll
Fried Rice
Watermelon

PIZZA
Meatballs
Fries
Mixed Green Salad
Fruit Salad and
Homemade Cookies

BBQ FRIDAY
Hot Dogs, Burgers,
and Chicken Kabobs
Mixed Green Salad
Corn on the Cob
Watermelon

**WEEK
3**

Kabobs - Beef,
Chicken and Veggie
Rice
Roasted Veggies
Fresh Fruit Slices

Mac 'N' Cheese
Chicken Tenders
Veggie Sticks with
Dip
Homemade Cookies

ITALIAN DAY
Baked Ziti
Chicken Parm Hero
Mixed Green Salad
Italian Ice

**BREAKFAST FOR
LUNCH DAY**
Pancakes
Breakfast Burrito
Home Fries
Fresh Fruit Juices

BBQ FRIDAY
Hot Dogs, Burgers,
and Chicken Kabobs
Mixed Green Salad
Corn on the Cob
Watermelon

**WEEK
4**

Kabobs - Beef,
Chicken and Veggie
Rice
Roasted Veggies
Fresh Fruit Slices

Mac 'N' Cheese
Chicken Tenders
Veggie Sticks with
Dip
Homemade Cookies

HERO DAY
Cold Cuts, Cheeses
and Meatballs with
all the toppings
Salad
Ice Pops

PIZZA
Meatballs
Fries
Mixed Green Salad
Fruit Salad and
Homemade Cookies

BBQ FRIDAY
Hot Dogs, Burgers,
and Chicken Kabobs
Mixed Green Salad
Corn on the Cob
Watermelon

OUR EVERYDAY BACKUPS:

Grilled Cheese, Mac 'N' Cheese, Hot Dogs, Bagel & Cream Cheese, Mini Salads with Grilled Chicken and Individual Pizzas